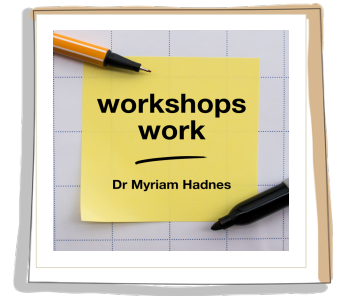


Episode 258

Empowering the Next Generation with Community-Based Education



with Walt Holmes www.TheFifthHouse.com

The nutshell

If we can impact someone's behaviour, we may change their attitude. This is the reasoning behind Walt's model of community-based education. By engaging in consistent routines (structured levels of achievement that require increasing commitments of time and involvement), students are encouraged to adopt healthier behaviors. This approach not only keeps students engaged in productive activities but also provides opportunities for community involvement and skill development.

“Attitude comes from behaviour.” 

Number 1 Challenge

Maintaining focus during group discussions, particularly when participants diverge into personal anecdotes unrelated to the main agenda. Then, facilitators must tactfully guide the conversation back on track without dismissing participants' contributions outright. One strategy is to provide visual cues, such as question cards, to encourage relevant inquiries.

Why workshops fail

Workshops often fail due to egos, as individuals may prioritize their own ideas over collaboration. Establishing clear parameters and objectives helps align participants and ensures that everyone's input is valued equally.

“Supervisors taking care of their people has to be the metric.” 

Nugget 1

The success to community-based education lies in associating people's involvement with metrics, which creates accountability and drives performance. By tying metrics to individuals' outcomes, one gains control and commitment through a sense of meaningful progress.

Nugget 2

Environments that encourage engagement acknowledge that processes don't exist in isolation. What happens in one process must inform the other. If people take ownership and communicate, the system becomes self-enforcing.

Do it yourself

When dealing with team disarray, a successful strategy focuses on rallying them together under a common focus, even if it means that the manager or facilitator becomes the target or enemy. This demands strength, humility, and a clear vision. By assigning clear roles and goals within projects, teams naturally align and thrive.